

COLONIAL HILLS 5K "RUN THROUGH THE HILLS"

RESULTS - JULY 4th, 2003

The 24th annual Colonial Hills "Run Through the Hills" took place the morning of July 4th. Race conditions were once again a little warm, and the day would eventually see near 90-degree temperatures. 103 runners ran this year, our fourth consecutive year with over 100 runners. Ages ranged from 8 to 56.

The first runner over the finish line and the 1st place overall junior male winner was **Chris Thurber** from Westerville, with a time of 18:00. The first female over the finish line and 1st place overall junior female winner was **Lauren Birnie** of Worthington, with a time of 21:40. Lauren has placed first for the past three years. The 1st place overall adult female again this year was **Linda Evans** of Columbus, with a time of 22:44, and the 1st place overall adult male was **Keith Gengras** of Columbus with a time of 18:47. Runners not only came from Colonial Hills, Worthington and the Columbus area, but also from West Virginia, Michigan, and Georgia.

Thank you to the following volunteers who helped see the 5K run smoothly, it could not have been done without them: Christine Hoersten, Judy Galasso, Dave Mielke, Sabrina Koeppen, Jennifer Button, Rob Wendling, Sean Quigley, Don Stoeckel, Matt Lones and Doug Matthies.

Apologies to all 5-K run participants for not having this information in the Courier sooner. The names were e-mailed and somehow "lost in cyberspace" during the layout of the last issue. Also, if you would like a list of all the finishers of the race please write to me at jack.gabalski@kingthompson.com, or call 844-5122 and I'll send you a printed copy. *Ed.*

MEDAL WINNERS

AGE GROUP

(Place, MALE, Time, FEMALE, Time)

12 & under

1st Ross Mauck 26:06, Trace Fowle 26:53
2nd Danny Brennan 28:20, Becca Long 31:30
3rd Zach Hegerty 28:49, Kendall Gordon 41:40

13-19

1st Mike Kapus 18:40, Abby Onstott 23:20
2nd Bob Insley 18:56, Erika Pitroff 24:50
3rd Henry Heisey 21:19, Laura Ward 25:31

20-29

1st Matt Sayer 22:01, Rachel Wise 23:10
2nd Michael Mudd 22:03, Sarah Coffman 25:46
3rd Andrew Kirch 22:55, Jennifer Dryer 26:17

30-39


1st Wade Reed 19:07, Sherri Berridge 22:53
2nd Tim Mekkes 20:06, Linda Bosch 24:18
3rd Eric Johnson 22:09, Linda Castle 25:49

40-49

1st Jack Reynolds 19:32, Diane Hackman 27:36
2nd Ted Thompson 20:13, Sue Meier 28:47
3rd-t Ed Fowle 20:34, Cheryl Newton 37:10
3rd-t David Caprio 20:34

50 & over

1st Gary Evans 21:03, Nancy Derian 28:46
2nd Chris Keppler 21:45, Pat Apostolos 39:31
3rd David Moore 22:55



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Wanted: A Good Home or Project !

The Civic Assoc. still has various wood used to build the Colonial Hills parade float, and would like to offer it to you for a small donation to the CHCA to help offset the cost of the materials. We have 2x4x12's and 2x4x8's and smaller lengths. Also some 1/4" BC plywood. (2 x 4's about \$1 each, and 4' x 8' plywood, \$5 each) **Call Doug Matthies, 888-3145 for details.**